



The Philoptochos Society of Saint Sophia Greek Orthodox Cathedral
Membership Form

Below is a list of our major activities for 2016-2017. Please check the one(s) in which you may wish to participate. A brief description of each is on the reverse side of this form. Many opportunities to volunteer for other events will occur throughout the year and will be announced in Philoptochos mailings or at General Membership Meetings. Thank you for believing in the mission of Philoptochos and for sharing your time and talents!

<input type="checkbox"/> Outreach Ministry to the Homeless	<input type="checkbox"/> Lenten Retreat
<input type="checkbox"/> Campus Ministry Food Preparation	<input type="checkbox"/> Meals on Wheels
<input type="checkbox"/> Fund Raising Activities	<input type="checkbox"/> Membership Event
<input type="checkbox"/> Golden Age Christmas Luncheon	<input type="checkbox"/> Outreach Visits
<input type="checkbox"/> Good Company / Kali Parea	
Refreshments: <input type="checkbox"/> Heretismi <input type="checkbox"/> Meetings <input type="checkbox"/> Special	

Payment: Since \$21.00 of each member's payment goes to National and District Philoptochos, we have adopted a range of stewardship levels starting at the amount formerly set for dues.

(\$35.00) (\$50.00) (\$100.00) (other)

(Information you provide below will be included in the Philoptochos Directory and sent to National Philoptochos unless you indicate otherwise.)

Please fill out the information below and submit it with your payment for 2016.

Name: _____

Address: _____

Home Phone No.: _____

Cell Phone No. (optional): _____

Email Address (optional): _____

Check here if you prefer email notifications, rather than regular mail, when possible.

Other Skills and Talents: _____

Outreach Ministry to the Homeless includes:

- Monthly Food Drive – Publicize and collect food, toiletry, household cleaning product donations the first Sunday of each month and deliver to Friendship Place pantries.
- Monthly Meals Preparation – On the third Thursday of each month, help prepare and deliver 30-40 breakfast sandwiches and 30-40 hot lunches to Friendship Place.
- Winter Warmth Giveaway – Collect and sort clothing donations and/or participate in the one-day event by serving lunch or keeping the shelves organized.

Campus Ministry Food Preparation and Delivery

- In support of Father Dimitri's monthly Christian Ministry at American University, prepare and deliver dinner for 25 students during the school year on the first Monday of the month.

Golden Age Christmas Luncheon (early December)

- Help set up, prepare, and serve lunch to approximately 100 Saint Sophia senior citizens.

Good Company / Kali Parea

- From October through May on the second Tuesday of the month, provide for a monthly event including a speaker or film and lunch for approximately 75 attendees in the Frosene Center Ballroom. Philoptochos sets up the tables, serves the food, and is responsible for the clean up.

Lenen Retreat (Kathara Deftera, 1st Day of Lent)

- Help set up, prepare, and serve a Lenten lunch immediately following the annual Lenten Retreat. Held in the church auditorium, the Retreat features either a guest speaker or a question and answer session with Fathers Steve and Dimitri.

Meals on Wheels

- Weekly pick-up and delivery of meals to homebound recipients in the NW section of Washington.

Membership Event (Spring or Fall)

- Organize and prepare a reception to celebrate the existing membership and to attract new members to Philoptochos.

Outreach Visits

- Plan and schedule visits to homebound Cathedral members in conjunction with Father Steve for Christmas and Easter and any other occasions that may arise, as well as visits by members between the holidays.

Refreshments

- Prepare or purchase refreshments for a particular event, generally as part of a team.

Fund Raising Activities – Examples from past years include:

- Sale of Greek cookbooks
- Sale of children's books
- Silent Auction
- Sale of Philoptochos Aprons

In addition, we solicit donations for Charitable Causes as they occur during the year, including natural disasters, our designated Christmas Charities, and DC foster children.