

WHAT CAN I DO?

At home:

- Accept RSVPs for a Philoptochos event.
- Record the number of meals provided through our food ministry.
- Place reminder calls about events or volunteer sign-ups.
- Make baby clothes for foster children, scarves for the homeless, or blankets of all sizes for both.
- Submit recipes for our cookbook or test recipes submitted by others.
- Research the details of possible daytrips Philoptochos could offer.
- Inform our Sunshine Committee of anyone to whom we should send a card.

At the Cathedral:

- Bring in non-perishable items for the food drive (usually the first Sunday of the month).
- Bring in calendars to the collection cart.
- Purchase Philoptochos fundraising items (cookbooks, aprons, Christmas ornaments) for yourself and as gifts.
- Bring refreshments to meetings or receptions.
- Set up before, serve at, and/or clean up after events such as Good Company - Kali Parea, Golden Age Christmas Luncheon, Lenten Retreat, etc.
- Help clean palms, fold palm crosses, and/or prepare the flowers for the Epitaphio.
- Sort, count, and pack items donated for the Free Store for DC Foster Children & Families or the Winter Warmth Giveaway.
- Work at the Philoptochos booth at the Spring Festival.
- Introduce yourself to a new parishioner and invite her to participate in an event.
- Hand out flyers and answer questions at a Philoptochos table after Liturgy.

In your neighborhood:

- Ask your friends and/or neighbors to bring you any unwanted new calendars.
- Form a knitting or sewing circle to make clothes and/or blankets for foster children, homeless adults, or newly housed families.
- Offer to drive parishioners in your neighborhood to Sunday services, Philoptochos meetings, or other events at church.

In Northwest Washington and beyond:

- Prepare a nutritious lunch or breakfast for 30 people and deliver it to the Friendship Place Welcome Center. (This occurs on the 3rd Thursday of every month.)
- Serve as back-up for our regular Food Drive volunteer. (In her absence, set out collection carts in the auditorium, count the donations, and deliver them to the Friendship Place Welcome Center.)
- Deliver Meals on Wheels, either regularly on one Tuesday a month, or as a substitute when the regular volunteers can't do it.
- Help deliver donations to the Free Store for DC Foster Children & Families.
- Serve food at, clean tables, or help shoppers select garments at the Winter Warmth Giveaway.
- Represent Philoptochos in the annual Walkathon to end Homelessness.

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